My Choice
Programs for Independent Living

OCTOBER EVENTS 2026

THU
1



"Boxes: Reimagined Containers" Exhibition at WSU

September 3, 2026 - October 4, 2026

Worcester State University, Mary Cosgrove Dolphin Gallery, 486 Chandler St. Worcester, MA 01602

In "Boxes: Reimagined Containers," artists reinterpret containers as physical form, function, or idea.

Gallery Hours
Wednesday-Friday 11am-5pm
Saturday 1-5pm
Or by appointment

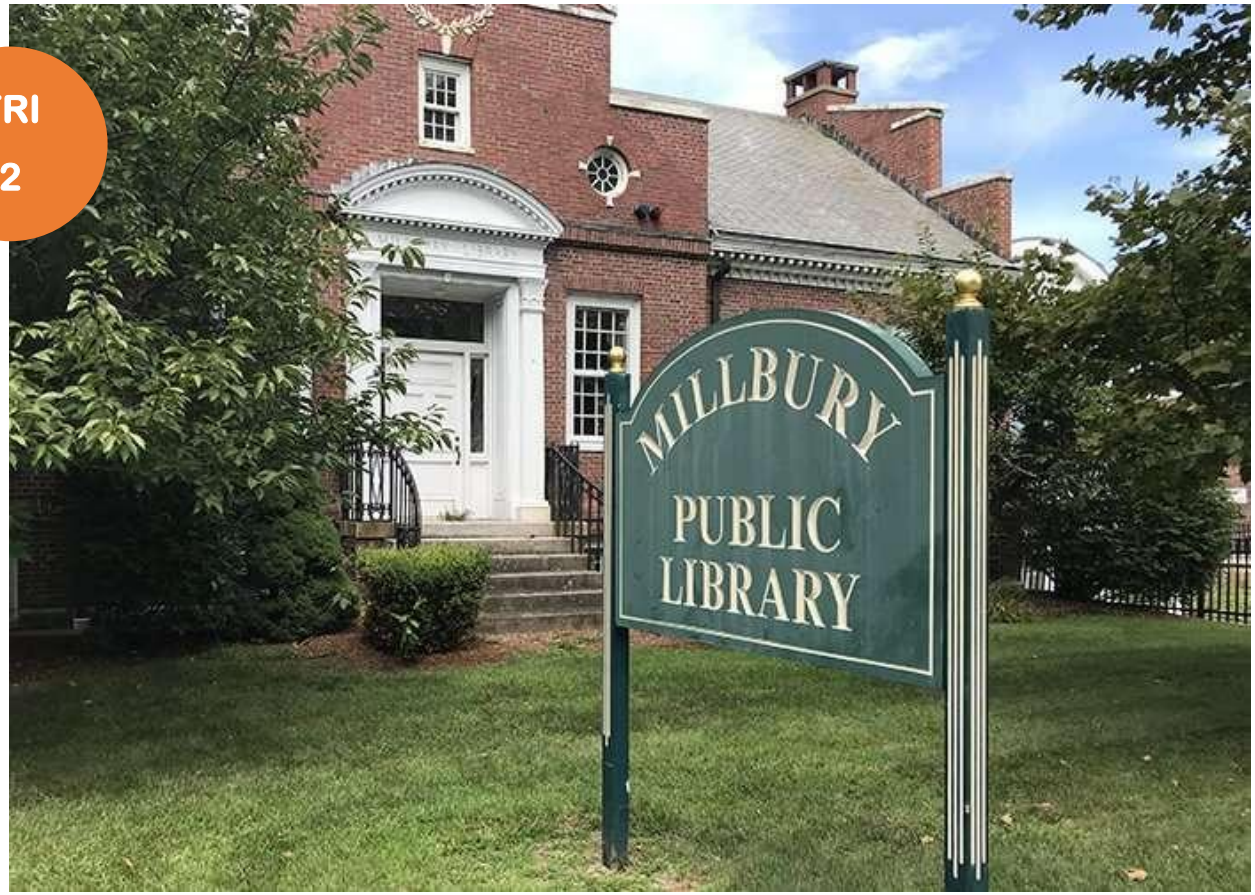
Exhibition on view through October 3. Free and open to the public during gallery hours.

Artwork: "Stacked" by Carrie Crane

My Choice
Programs for Independent Living

OCTOBER EVENTS 2026

FRI
2



Throught the calendar, don't miss events and happenings from the Millbury Public Library!

My Choice
Programs for Independent Living

OCTOBER EVENTS 2026

SAT
3



Felted Ghosts

SATURDAY, OCTOBER 3
11:00 AM—12:30 PM
Community Room, Millbury Public Library
128 Elm Street, Millbury, MA, 01527

Join Pop up Art School and craft your own adorable Halloween decoration! In this fun, hands-on class, you'll create a cute ghost holding an orange pumpkin. Using just wool and a needle, our skilled instructor will guide you through each step. By the end of the session, you'll have a delightful handmade ghost to add a touch of spooky charm to your home!

Learn the joy of needle felting with Pop up Art School in a friendly environment. You'll gain the basic skills of needle felting, walking away with a finished piece, a foam block, needles, and the confidence to continue your felting journey independently.

My Choice
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OCTOBER EVENTS 2026



Felted Ghosts

(Continued)

For teens and adults, ages 13+

PLEASE NOTE: Due to the popularity of our art programs, the Millbury Public Library will approve patrons by lottery and require that you arrive five to ten minutes early for the class. If you are not on time, your registration will be cancelled. Late arrivals will not be accepted into the program, and that space will be filled with patrons from the waiting list. Once the program has begun, a sign will be posted on the doors to let patrons know that they cannot enter after this time, out of respect for the presenter. If you are unable to attend, please contact the library 24 hours in advance at 508-865-1181, so that we may contact a patron from the waiting list. Thank you.

Registration is required:

https://millburylibrary.assabetinteractive.com/calendar/felted-ghosts/

OCTOBER EVENTS 2026

SUN
4



Fairy Hollow at New England Botanic Garden

August 29, 2026 - October 25, 2026
11 French Dr., Boylston, MA 01505
(508) 869-6111
Included with general admission($0-26)
10:00 AM to 4:00 PM
Recurring daily

Discover a miniature world where magic blooms around every corner. The fairies return to New England Botanic Garden in a one-of-a-kind exhibit featuring more than 20 intricately designed fairy houses expertly crafted by artists from New England and beyond. From cozy mushroom cottages to enchanting seashell palaces, this collection of creative abodes will delight visitors of all ages. Magic awaits in Fairy Hollow. All you need is your imagination—and a little bit of fairy dust. Experience Fairy Hollow daily from August 29 to October 25, or enjoy featured events like Fairies Aglow, the Weekend of Wonder, or Faerie Masquerade Ball. Magically themed programs for youth and adults enhance the experience. Learn more at https://nebg.org/fairy-hollow/.

My Choice
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OCTOBER EVENTS 2026

MON
5



Massachusetts Fall Festivals 2026: 15 Must-See Events

My Choice
Programs for Independent Living

OCTOBER EVENTS 2026

TUE 6

Medicare Workshop

TUESDAY, OCTOBER 6
(AND EVERY TUESDAY THIS MONTH)
10:00—11:00 AM
Community Room, Millbury Public Library
128 Elm Street, Millbury, MA, 01527

Changes are coming to the Medicare program, but you don't have to make decisions by yourself! Stop in at the library to meet with Blackstone Valley Financial Services and Northeast Senior Benefits representatives to pick the healthcare plan that's right for you. Get informed before open enrollment begins.
No Registration Required

WED 7

The Blackstone Poets Society

WEDNESDAY, OCTOBER 7
6:00—7:30 PM
Local History Room, Millbury Public Library
128 Elm Street, Millbury, MA, 01527

Come join our new, friendly poetry group where writers of all backgrounds and skill levels can come together to write short poems using simple prompts. There's no pressure or harsh critique here--just a focus on creativity, curiosity, and enjoying your own voice. Connect and share stories with fellow creators, whether you're new to poetry or a longtime writer!

This program is for adult patrons 18 and up.

Registration required:
Wednesday, October 7, 2026 | The Blackstone Poets Society | Millbury Public Library

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OCTOBER EVENTS 2026

THU 8



Thursdays | 11 AM–4 PM
Creative Hub Worcester
2 Ionic Ave., Worcester, MA

Registration Link: https://www.zeffy.com/en-US/ticketing/co-working-thursdays
Registration is encouraged, but drop-ins are always welcome!

OCTOBER EVENTS 2026

FRI
9



Pack 100,000 Meals. Share Hope. Change Lives.

October 9, 2026 - October 10, 2026
Visit Website
30 Anna St., Worcester, MA 01604
(508) 752-9150
Free
10:00 AM to 8:00 PM

Join us as we fight child hunger around the world & give hope for a brighter future
Volunteer at our upcoming MobilePack event

What: St George Orthodox Cathedral MobilePack
Where: 30 Anna St, Worcester, MA
When: October 9th – 10th, 2026
Event Host: Fr. Milad Selim (508)752-9150 fr.milad.selim@gmail.com

Turn hunger into hope with your own two hands by packing nutritious meals for hungry children around the world. Pick your packing shift: https://give.fmsc.org/campaign/2610-091mi-worcester-ma-st-george-orthodox-cathedral/c740220

My Choice
Programs for Independent Living

OCTOBER EVENTS 2026

SAT
10



Local Author Expo

SATURDAY, OCTOBER 10
9:00 AM—1:00 PM
Community Room, Millbury Public Library
128 Elm Street, Millbury, MA, 01527

Local authors of all genres and age ranges will have their books and more available throughout the library. Meet all of them with a fun scavenger hunt to complete! Free and open to all.

Sponsored by the Friends of the Millbury Public Library
This event is free.
No Registration Required

OCTOBER EVENTS 2026

SUN
11

MARKET ON EXCHANGE

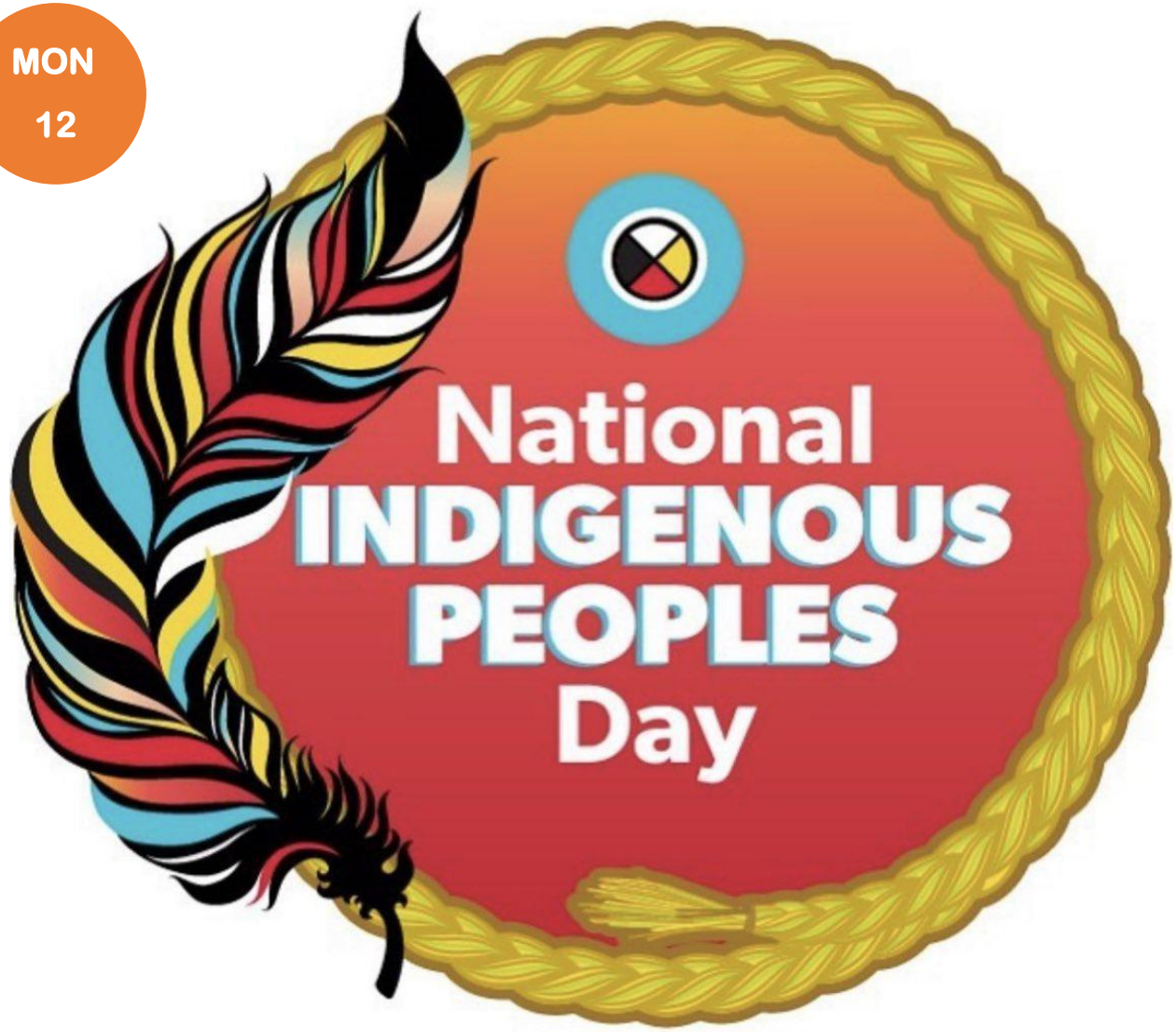
May 17, 2026 - October 25, 2026
303 Main Street, WORCESTER, MA 01608
(774) 437-9681
FREE
11:00 AM to 2:00 PM
Recurring weekly on Sunday

Market on Exchange is a community-driven, food-focused marketplace dedicated to supporting local farmers, food producers, and small businesses in Central Massachusetts. Our mission is to create a vibrant, sustainable market that connects the community with fresh, locally sourced food and high-quality artisanal products. By providing a reliable platform for vendors, fostering economic growth, and cultivating a welcoming marketplace, we aim to strengthen Worcester's local economy while celebrating the region's diverse food culture.

My Choice
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OCTOBER EVENTS 2026

MON
12



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OCTOBER EVENTS 2026

Fall Foliage Season is here!

TUE 13

People from around the Globe come to New England
for this amazing natural event!
Check out these links for the best times to go for a scenic ride and
see some of the best that New England has to offer.

WED 14





Best times to see foliage: https://rove.me/to/massachusetts/fall-foliage
Best drives to see foliage and points of interest along the way:
https://www.visit-massachusetts.com/state/foliage/

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OCTOBER EVENTS 2026

THU
15



Foppema's Farm

1605 Hill Street, Northbridge, MA 01534,
http://foppemasfarm.com/ is one of the many farm stands that accepts HIP. Receive fresh fruits and vegetable for FREE up to a monthly cap of $40, $60, or $80 with an EBT card!
For more information: https://www.mass.gov/service-details/massachusetts-healthy- incentives-program-hip

FRI
16

RED APPLE FARM

455 Highland Ave, Phillipson MA
Pick-Your-Own Seasonal fruits, Fresh Cider Donuts, Cider Slushes,
Fruit-Topped Ice Cream, Farm Animals, Country Store and Hiking trails.
RedAppleFarm.com
Spend the day in Worcester on a driving or walking tour (depending on the weather)

OCTOBER EVENTS 2026

SAT
17



View art all around the city. Worcester MA is becoming known for its murals. Go to the link for locations and details.
https://www.discovercentralma.org/articles/explore-the-public-art-of-worcester-massachusetts/

OCTOBER EVENTS 2026

SUN
18



Open Gallery Hours: Material Needs 2026

September 9, 2026 - October 25, 2026
ArtsWorcester, 44 Portland St. Worcester, MA 01608
(508) 755-5142
Free
12:00 PM zo 5:00 PM
Recurring weekly on Sunday, Wednesday, Thursday, Friday, Saturday

About

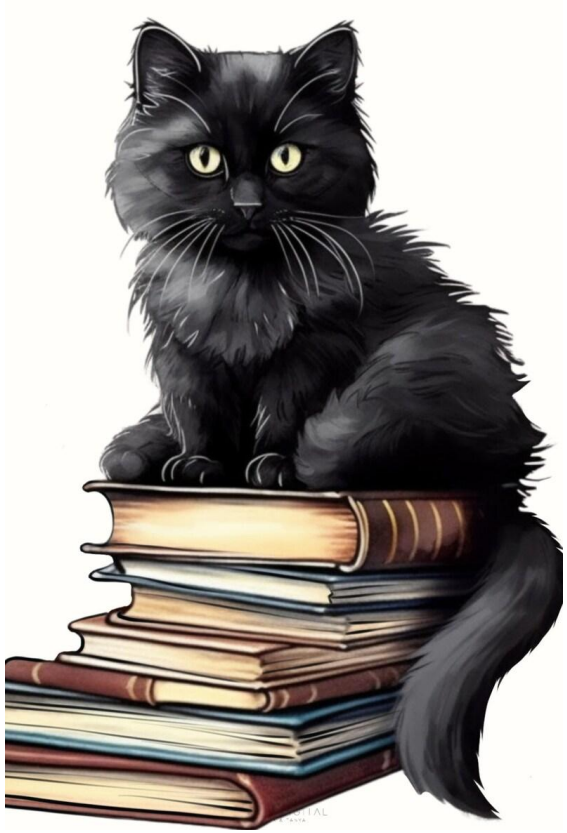
Artists who received Material Needs Grants in 2025 have been hard at work creating new artwork over the last year. These grants specifically supported their expenses of supplies and materials and were made possible by the generosity of an anonymous donor to fund the creation of new work in Worcester County.

Please do not park in the lot across the street from the Printers Building; you will be immediately towed.

My Choice
Programs for Independent Living

OCTOBER EVENTS 2026

MON
19



ONGOING BOOK SALE

There are paperback and hardcover books for children and adults and DVDs for sale too.
Prices range from 25 cents to $2 or $5.00 a bag.
https://www.hopedale-ma.gov/bancroft-memorial-library/pages/ongoing-book-sale

My Choice
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OCTOBER EVENTS 2026

TUE
20



Fraud Squad

TUESDAY, OCTOBER 20
1:00—2:00 PM
Community Room, Millbury Public Library
128 Elm Street, Millbury, MA, 01527

Scammers are getting smarter! Are you prepared? Join us for a live, in-person Fraud Squad performance where senior volunteers bring real scams to life. Learn how scams unfold, how to spot red flags, and understand the pressure tactics scammers use. Leave feeling informed, confident — and ready to say "No." By learning to recognize manipulation tactics, patrons are better prepared to identify not only today's scams, but those that haven't even been invented yet. The Fraud Squad is here to help!

Capacity: 50 of 50 spaces available.
Registration is required:
Tuesday, October 20, 2026 | Fraud Squad | Millbury Public Library

My Choice
Programs for Independent Living

OCTOBER EVENTS 2026

WED
21

Demystifying 3 Card Tarot Spreads

WEDNESDAY, OCTOBER 21
6:00—7:45 PM
Community Room, Millbury Public Library
128 Elm Street, Millbury, MA, 01527

If you are drawn to tarot and ready to demystify a three card tarot spread in a way that is fun, meaningful, and engaging, then this interactive class is for you! We will begin by learning user-friendly tips to read a tarot card intuitively and then move on to working with actual "Three Card" spreads together. Join Winifred for this empowering approach to working with the cards and get started unlocking deeper meaning and relevance in your readings. You are encouraged to bring your tarot deck to class if you own one. However, Winifred does have extra decks she can lend for use during class.

Participants will learn:

Tips on how to read a tarot card intuitively
The structure of a three card spread
Sample Three Card spreads to explore
Tips for understanding the flow and interaction in a spread

Winifred has been reading, studying and learning about the Tarot since she received her first deck on her 16th birthday. She has been a professional, intuitive tarot reader and teacher for over 15 years. She is a Reiki Master Teacher, NGH Certified Hypnotherapist, Certified Past Life Regression Facilitator and Owner of AwenTree, Healing Studio located in the Maplewood Shops in Northampton, MA.

This class is for adult patrons 18+

Registration is required: Wednesday, October 21, 2026 | Demystifying 3 Card Tarot Spreads | Millbury Public Library

Cribbage Club

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OCTOBER EVENTS 2026

THU
22



CRIBBAGE CLUB

THURSDAY, OCTOBER 22
6:00—7:30 PM
Community Room, Millbury Public Library
128 Elm Street, Millbury, MA, 01527

Whether you're a seasoned cribbage player or a complete beginner, this club is open to all ages and skill levels. Come and enjoy an evening of friendly competition and camaraderie.

No Registration Required

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OCTOBER EVENTS 2026

FRI 23



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OCTOBER EVENTS 2026

SAT
24



Tech Help with Eben

SATURDAY, OCTOBER 24
10:00 AM—12:00 PM
Community Room, Millbury Public Library
128 Elm Street, Millbury, MA, 01527

Drop in on Saturdays for one-on-one assistance with computers, smartphones, tablets, and other technology questions.

No appointment required.

No Registration Required.

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OCTOBER EVENTS 2026

SUN
25



Weekly Fall Festival at Stowe Farms!!
September 12, 2026 - November 8, 2026
Recurring weekly on Sunday, Saturday
10:00 AM- 5:00 PM every weekend!

My Choice
Programs for Independent Living

OCTOBER EVENTS 2026

MON 26



There are public fridges within Worcester.
This was created as a supplemental resource.
First come, first serve.
Please go to the website for more information and location of a fridge near you!
https://woofridge.org/

My Choice
Programs for Independent Living

OCTOBER EVENTS 2026

TUE
27



Worcester Public Library
offers books and magazines
to take home for keeps!
They also have a bookstore.
They are located near the entrance
when you go through the main doors.

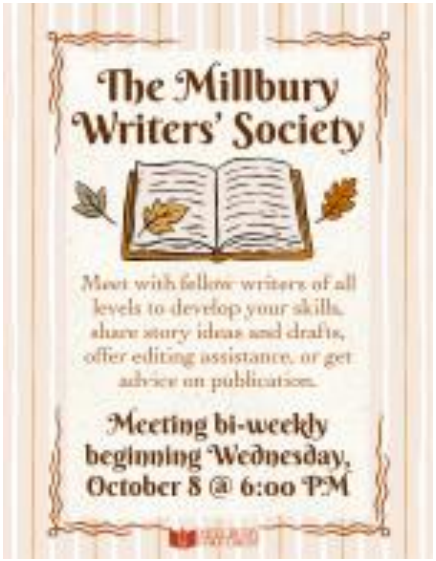
3 Salem Square,
Worcester, MA 01608,
Tel: 508-799-1655

https://www.mywpl.org/?q=locations-hours

My Choice
Programs for Independent Living

OCTOBER EVENTS 2026

WED
28



The Millbury Writers' Society
WEDNESDAY, OCTOBER 28
6:00—7:45 PM
Local History Room, Millbury Public Library
128 Elm Street, Millbury, MA, 01527

Meet with fellow adult writers of all levels to develop your skills, brainstorm writing ideas, share drafts, offer editing assistance, read work to the group, and assist each other in finding venues to get work published.

This program is for adult patrons ages 18 and up.
Capacity: 10 of 10 spaces available.
Registration is required: Wednesday, October 28, 2026 | The Millbury Writers' Society | Millbury Public Library

OCTOBER EVENTS 2026

FRI
30



THU
29

3 Ways to Create a Last-Minute Halloween Costume Out of Household Items (wikihow.com)

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OCTOBER EVENTS 2026

SAT
31



OCTOBER EVENTS 2026

LINKS OF INTEREST

Check it

FREE & DISCOUNTED ADMISSION WITH EBT CARD

- Card to Culture- https://www.mass.gov/info-details/ebt-card-to-culture-organizations

MASSACHUSETTS: NATURE, PARKS & FRESH WATER BEACHES

- Day Trips/Events/Places- https://www.massdaytripping.com/hiking-state-parks, https://www.towerhillbg.org/planyourvisit/
- Mass Audubon https://www.massaudubon.org/ ; https://www.massaudubon.org/get-outdoors/wildlife-sanctuaries/broad-meadow-brook
- Massachusetts freshwater beaches- https://www.visit-massachusetts.com/state/fresh-water-beaches/
- Massachusetts park locations- https://www.mass.gov/visit-massachusetts-state-parks/locations?_page=1
- Rail trails: https://www.traillink.com/trailsearch/?state=MA , http://masstrails.com/rail-trails-map.html

WALKING FOR WHEN ITS COLD, RAINY OR JUST TOO HOT

- https://local.aarp.org/auburn-ma/mall-walking/ , https://www.outletstoresmalls.com/outlet-malls/auburn-mall

MASSACHUSETTS: MUSEUMS, FESTIVALS & CULTURAL EVENTS

- Festivals- https://www.findfestival.com/massachusetts/
- Massachusetts (MA) Museums and Galleries in the Central Region- https://www.visit-massachusetts.com/central/museums-and-galleries/
- Multicultural Events in Massachusetts- https://www.visitma.com/things-to-do/multicultural/
- Women's Historical Landmarks- https://worcestercentralkidscalendar.com/womens-history-landmarks-to-visit-in-massachusetts/

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OCTOBER EVENTS 2026

MASSACHUSETTS: FARMERS MARKETS, FAIRS & AGRICULTURAL EVENTS

Check it out

HIP FINDER

SNAP/HIP **(Healthy Incentive Program)**
Benefits explained- https://www.mass.gov/service-details/massachusetts-healthy-incentives-program-hip
Find Farmers markets that accept HIP- https://dtafinder.dtadash.ehs.mass.gov/ , https://guide.farmfreshri.org/food/farm.php?farm=1141

- Fairs and Agricultural Events- https://www.mass.gov/service-details/calendar-of-culinary-and-agricultural-events
- Find a Market Near You — https://www.massfarmersmarkets.org/markets, https://www.recworcester.org/farmers-markets
- Winter Farmer Markets- https://massnrc.org/farmlocator/map.aspx?Type=Winter%20Markets
- Pick Your Own- https://www.mass.gov/guides/pick-your-own-farms

DAY TRIPS/EVENTS

- Look for some fun daytrips here! https://www.massdaytripping.com/fun-attractions, https://www.discovercentralma.org/see-do/events/, https://www.discovercentralma.org/see-do/events/

TOWN EVENTS/CALENDARS

- Bellingham events- https://www.townplanner.com/bellingham/ma/events/
- Bellingham Library- https://www.bellinghampubliclibrary.org/
- Franklin, MA Events and Things to Do- https://www.americantowns.com/franklin-ma/events/
- Hopedale Events- https://www.americantowns.com/hopedale-ma/events/
- Milford Events- https://www.eventbrite.com/d/ma--milford/free--events/
- Millbury Senior Center Events- https://www.millbury-ma.org/senior-center/pages/classes-clinics

OCTOBER EVENTS 2026

- Millbury Library Events- https://www.millburylibrary.org/events

WORCESTER: EVENTS, LIBRARIES & MUSEUMS

- Worcester, MA Events and Things to Do- https://www.eventbrite.com/d/ma--worcester/events/
- Worcester Public Library Calendar- https://mywpl.org/?q=online-calendar
- Worcester Art Museum- https://www.worcesterart.org/information/hours-and-admission/
- Worcester Historical Museum- https://www.worcesterhistory.org/visit/
- Worcester Cultural Coalition- https://worcesterculture.org/calendar-of-events/
- Holy Cross free movies- https://www.holycross.edu/arts-culture/seelos-film-series
- American Antiquarian Society- https://www.americanantiquarian.org/programs-events

MISC. INTERESTS

- Car Shows- https://carshownationals.com/massachusetts-car-shows/ , https://www.hebertcandies.com/blogs/events/thursday-night-cruzzin-car-show , http://www.janinesfrostee.com/events/

PLEASE NOTE:

Some events require preregistration due to limited seating. Contacting ahead of time is suggested.

& AND REMEMBER, IT'S ALWAYS YOUR CHOICE!

Questions? Suggestions? Please contact Kat Hastings at 508-868-4331, khastings@mychoiceprograms.com